



PARENT'S LETTER MAY 14TH, 2009 ISSUE 32
DEAR FOURTH AND FIFTH GRADE PARENTS:
The attribute of the IB Profile is Reflective
The attitude of the month is Commitment

1. La Reina de la Semana

The new royalty of the week has been awarded to Alissa Meredith. Alissa is our class queen this week and has done an excellent job on her weekly tests. She scored a 100% on her spelling test and challenge words. Keep up the great work! ¡Felicidades Alissa!

2. Spirit Days

We are going to have school spirit day every Friday during May to celebrate our wonderful ISLA community. Each class has chosen a different theme for spirit day for the students to dress up.

May 15th - Pajama Day (tomorrow)

May 22nd - Costume Day (students can dress up like a favorite book character, celebrity or in another fun costume)

May 29th – Medieval/ Pirate Day

3. Late Start Reminder

Late start has changed from May 19th to May 26th. Please mark your calendars!

4. Food and Nutrition

We have begun learning about food and nutrition. We are doing an experiment on measuring the amount of fat in food. Please see the study guide below on what we are studying. Your child can conduct the experiment at home as well.

5. Music Concert

Tonight is our 2nd annual music concert. It starts at 7:00pm. All students are bringing home a t-shirt to wear for the concert. Band students are to arrive at 6:30pm and meet Sra. Rehaume in front of the information desk in the church. Non band students are to come to the classroom at 6:45pm. Looking forward to a night filled with beautiful music.

6. Up Coming Events

May 14th - Spring Concert 7 pm.

May 19th -McDonald's Night.

May 25th - Memorial Day NO SCHOOL.

May 26th – Late Start.

June 5th is the last day of school!

Con cariño,

Sra. Boeser

Teacher: The child's third parent. – Hyman Maxwell Berston

Fat Investigation Study Guide

Food is made of six different groups of chemicals called nutrients:

1. Protein
2. Carbohydrate
3. Fat
4. Vitamins
5. Minerals
6. Water

What is a variable?

A value is that is selected and controlled by the experimenter.

What are the controlled variables in the experiment?

1. Use the same amount of food
2. Spread it on the paper the same way and in the same location.
3. Allow the same amount of time for the grease spot to spread.
4. Use the same kind of paper for the food samples.

Test words

Fat: Refers to a group of nutrients that provide energy and building blocks for the development of body systems.

Food: Anything that people eat that provides energy and allows them to grow.

Nutrient: A chemical in food that helps keep organisms alive and active.

How can we tell how much fat is in a particular food?

Use a brown paper bag and watch for it to change to a dark color.

What are the three kinds of fats?

1. Saturated Fat
2. Monosaturated Fat
3. Polyunsaturated Fat