

February Lunch Menu

ISLA

MENU KEY

Lunch Price: \$3.05

Milk: \$0.55

Ω Contains Pork

∇ Meatless Item

🌿 Locally Grown – Farm 2 School

Salad Greens Will Include

Romaine Lettuce or Spinach

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		<u>On January Menu</u>	<u>On January Menu</u>	<u>On January Menu</u>
Monday	Tuesday	Wednesday	Thursday	Friday
<u>Main Lunch Entrée</u> 6 Homemade Toasted Cheese Sand. & Tomato Soup ∇ Crisp Apples Celery Sticks N Peanut Butter Milk	<u>Main Lunch Entrée</u> 7 Fish Nuggets ∇ Oranges Southern Green Beans Milk	<u>Main Lunch Entrée</u> 8 Cheesy Bread ∇ w/ Marinara Sauce Mango Brussels Sprouts Milk	<u>Main Lunch Entrée</u> 9 Teriyaki Chicken Drumsticks w/ Brown Rice Plump Pears Roasted Butternut Squash Milk	<u>Main Lunch Entrée</u> 10 Cheeseburger on Whole Wheat Bun Mixed Fruit Calico Beans Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Main Lunch Entrée</u> 13 Maui Island Teriyaki Chicken Sandwich Pineapple Rings Steamed Carrots Milk	<u>Main Lunch Entrée</u> 14 Chili w/ Toppings Orange Wedges Green Pepper Rings Honey Corn Bread Milk	<u>Main Lunch Entrée</u> 15 Whole Wheat Pasta w/ Meat Sauce Perfect Pears Caesar Salad Whole Grain Bread Stick Milk	<u>Main Lunch Entrée</u> 16 Sweet & Sour Chicken w/ Brown Rice Pineapple & Mandarin Oranges Sugar Snap Peas Whole Wheat Roll Milk	<u>Main Lunch Entrée</u> 17 Beef Nachos w/ Toppings Juicy Peaches Black Beans Spanish Rice Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Main Lunch Entrée</u> 20 No School President's Day	<u>Main Lunch Entrée</u> 21 Turkey N' Gravy Dynamite Melon Pieces Mashed Potatoes & Gravy Whole Wheat Roll Milk	<u>Main Lunch Entrée</u> 22 Italian Meatball Sub Oranges Italian Mixed Green Salad Milk	<u>Main Lunch Entrée</u> 23 Cheese Stuffed Breadsticks w/ Marinara Sauce ∇ Mixed Fruit Edamame Milk	<u>Main Lunch Entrée</u> 24 Chicken Burrito Warm Cinnamon Apples Refried Beans Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Main Lunch Entrée</u> 27 Homemade Toasted Cheese Sand. & Tomato Soup ∇ Crisp Apples Celery Sticks N Peanut Butter Milk	<u>Main Lunch Entrée</u> 28 Fish Nuggets ∇ Oranges Southern Green Beans Milk	<u>Main Lunch Entrée</u> 29 Cheesy Bread ∇ w/ Marinara Sauce Mango Brussels Sprouts Milk	<u>On March Menu</u>	<u>On March Menu</u>



Did You Know?

February is Heart Health Month!

What are you going to try this month to get your heart pumping?

Jump rope, running, walking, clean your room, walk your dog, ride a bike, snow shoe, ski, snowboard.....

Menus are subject to change based on availability of product.

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